

SPORTS

Vikings rested and ready for Pasco

Can clinch title at home Saturday

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By the time the St. Johns River State College got to Avon Park for its volleyball match with South Florida State College last Friday, the Vikings were about to play their 10th match in an 11-day period.

Needless to say, the Vikings were gassed by the time the match started and they fell in four sets for their Sun-Lakes Conference loss of the season.

With a few days of rest behind them, the Vikings were their old selves on Wednesday at Tuten Gymnasium. And Pasco-Hernando was the victim of the

Viking onslaught. The Vikings pounded the Bobcats, 25-12, 25-15, 25-16, to improve to 7-1 in the conference and 18-6 overall.

And it sets up the Vikings' big showdown for the regular-season championship with Gulf Coast State (16-4, 5-1), which will be at 1 p.m. Saturday at Tuten Gymnasium, a night after Gulf Coast takes on Lake-Sumter in Leesburg.

"After we lost on Friday, the girls asked me what did the loss mean," Vikings coach Matt Cohen said. "I told them we still had one loss in conference and that we still had control of our own destiny. I was curious to see how we would look on Monday in practice,

but we came back and had one of our best practices of the year. And (Wednesday), we looked really good."

That they did in ringing up 10 service aces and 34 kills. Kendal Hoges had 10 kills, while Brooklyn McLeod added nine kills and three blocks and Louisa Marunde put up six kills and three aces. Lacey Redinger recorded five kills, two aces and two blocks, Jordyn Pruski handed out 31 assists and added three aces and Dariana Luna scrapped for 14 digs.

"The girls did an outstanding job of executing the game plan," Cohen said. "They took some plays away (from Pasco-Hernando) and executed as well as I could have asked them to do."



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SJR State freshman Lacey Redinger