



Stress Management – 40 hours
CWL- 0159 FDLE-050 (Salary Incentive)

<p>Instructor: Dr. Lisa Grossman</p> <p>Date(s): Jan 22-25, 2018</p> <p>Time: 7:00am – 6:00pm</p> <p>Location: J-114 Criminal Justice Bldg. St. Augustine Campus 2990 College Dr. St. Augustine, FL 32084</p> <p>Cost: No cost to officers in Region V.</p> <p>Class Limit: 25 students</p> <p>Dress Code: NO Flip Flops, Shorts, Jeans, Tank tops, or T-shirts unless specified.</p> <p>All questions should be directed to:</p> <p>John Donlon/Coordinator for Career Development (904) 808-7493 johndonlon@sjrstate.edu or Connie Ramos – Program Assistant (904) 808-7491 ConnieRamos@sjrstate.edu Fax: 904-808-7424</p>	<p>The course is designed to provide officers with the knowledge, skills, and abilities to recognize and deal with stress. Students must pass a written end of course exam with a score of 80% or better Class size is limited so sign up early Deadline for Registration: January 9, 2018</p> <p>Officer’s Name: _____</p> <p>SSN _____-____-_____</p> <p>Officer’s Email Address: _____</p> <p>Agency _____ Agency Phone # _____</p> <p>Agency FAX# _____</p> <p>Authorization Signature _____</p> <p>Printed Authorization Name: _____</p> <p>Authorizing Person’s Email: _____</p> <p>Department Approved for: Please Mark Below</p> <p>Salary Incentive: _____</p> <p>Mandatory Retraining: _____</p> <p>Other Training _____</p>
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