



Stress Management - 40 hours CWL- 0192 FDLE-050

<p>Instructor: Dr. Lisa Grossman</p> <p>Date(s): February 6-10, 2023 Monday-Friday Time: 0800-1700</p> <p>Location: J114 Criminal Justice Bldg. J St. Augustine Campus 2990 College Dr. St. Augustine, FL 32084</p> <p>Cost: No cost to officers in Region V.</p> <p>Class Limit: 24 students</p> <p>Dress Code: NO Flip Flops, Shorts, Jeans, Tank tops, or T-shirts unless specified.</p> <p>All questions should be directed to:</p> <p>Captain Woods – Instructor/Coordinator for Career Development (904) 808-7494 hancelwoods@sjrstate.edu or Ms. Beal Program Assistant (904) 808-7491 joannbeal@sjrstate.edu Fax: 904-808-7424</p>	<p>The course is designed to provide officers with the knowledge, skills, and abilities to recognize and deal with stress. Students must pass a written end of course exam with a score of 80% or better Class size is limited so sign up early Deadline for Registration: January 31, 2023</p> <p>Officer's Name: _____</p> <p>SSN _____ - _____ - _____</p> <p>Officer's Email Address: _____</p> <p>Agency _____ Agency Phone # _____</p> <p>Agency FAX# _____</p> <p>Authorization Signature _____</p> <p>Printed Authorization Name: _____ Authorizing Person's Email: _____</p> <p>Department Approved for: Please Mark Below</p> <p>Sworn LEO _____ Salary Incentive: _____ Sworn Corrections _____ Mandatory Retraining: _____ Civilian Employee _____</p>
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